



# EASTER CAMP

WEDNESDAY 6th APRIL,  
& FRIDAY 8<sup>TH</sup> APRIL  
10.00am to 1.00pm

Open to all ages and grades

CARRONSHORE COMMUNITY CENTRE

CLASSES WILL INCLUDE:

CIRCUIT TRAINING  
PATTERNS  
PAD WORK  
DESTRUCTION  
DEMONSTRATION TECHNIQUES  
FITNESS & FUN

EXTRA PREPARATION FOR COLOURED BELT GRADINGS

ONLY £12 PER DAY  
OR £20 FOR BOTH DAYS

Price includes a healthy snack of fruit, veg & water

To book a place email [info@central-taekwondo.com](mailto:info@central-taekwondo.com) or phone Angie on **557004**  
Full payment required on booking – Deadline for bookings **Monday 4th April.**  
Limited spaces so book early