

**CENTRAL TAEKWONDO**

**CLUB POOMSAE**

**CHAMPIONSHIPS**

**2017**

**COMPETITION DETAILS**

The event is open to all Central Academy members with a current British Taekwondo Licence.

Medals will be awarded to 1st, 2nd, 3rd & 4th place in each category.

All divisions will be judged by our British Taekwondo qualified referees.

**EVENT DATE**

**Sunday 28Tth May 2017**

**VENUE/TIMES**

**Carronshore Community Centre – 10.00am Start**

**POOMSAE RULES**

**INDIVIDUAL**

Categories will be split by age and grade

Born 2003 or later

1. 9th to 7th Kup – White & Yellow Belts
2. 6th & 5th Kup – Green Belts
3. 4th & 3rd Kup – Blue Belts
4. 2nd & 1st Kup – Red Belts
5. 1st Poom/Dan & Above – Black Belts

Born 2002 or earlier

1. 9th to 7th Kup – White & Yellow Belts
2. 6th & 5th Kup – Green Belts
3. 4th & 3rd Kup – Blue Belts
4. 2nd & 1st Kup – Red Belts
5. 1st Poom/Dan & Above – Black Belts

Each competitor will perform 2 poomsae of their own choice.

All categories will be judged by 5 British Taekwondo qualified poomsae judges.

**PAIRS**

1 Male + 1 Female (Any Age) - Two Poomsae of own choice

1. Up to 3rd Kup
2. 2nd Kup & Above

**TEAMS**

Male x 3 or Female x 3 (Any Age) - Two Poomsae of own choice

1. Up to 3rd Kup
2. 2nd Kup & Above

**ENTRY FEES**

**£10.00** per player.

Each player can enter the individual, pair and team competition for the one fee.

Entry fees to be paid when handing in the slip.

**DEADLINE**

All entries for the Central Taekwondo Poomsae Championships must be in by **Thursday 25th May**

**SPECTATORS**

Entry for spectators is “free”; however space will be limited.

Refreshments, tea, coffee etc. will be available with all proceeds going to Central Academy Club Funds.

Please complete details below and return with entry fee.

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Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Year of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Grade: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Individual Category No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Pairs Partner: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team Members: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**DEADLINE Thursday 25th May**